It is well known that higher education is the basis of any holistic education system. The quality of education cannot be considered outside the context of the health of the subject of study. Improving the quality of life of students, including physical education, should be a priority in all educational institutions of higher education. The preservation of the health, increasing physical activity, and fostering positive attitudes to physical activity are important elements of the organization of physical education of students. In high school needed to attract students to regular physical exercises that promote the formation of the professional physical culture of the individual.

Analysis of recent publications and research have allowed us to say that Ukraine is undergoing a process of reform of higher education. Physical education, on the recommendations of this reform, will be seen as the discipline outside the curriculum that can significantly affect the quality of non-professional physical education of future professionals.

Teachers of physical education in higher education institutions have expressed the view that the priority in contemporary public policy should be the physical health of students, their quality of life, and education. Physical culture, until recently, was presented as an academic discipline and was an important component of the holistic development of the individual student. As part of the General culture of vocational training of students, physical education must sign a compulsory subject in the humanitarian component of education during the whole period of study. The significance of education is manifested through the harmonization of spiritual and physical powers of students, the formation of human values such as health, physical and mental well-being, physical perfection [1, p. 72; 2, p. 118]. Understanding of physical culture of the student's personality, such as values, may be an effective factor in the development of various types of physical fitness, awareness of
progressive trends in education, and needs to learn the values of the culture of the future specialist [3, p. 12].

In recent years, physical culture acquires and loses its credibility, especially among students. Produced personnel reduction specialists in the sphere of physical culture and sport, including in higher educational institutions, by providing students with free choice and self-students, unfortunately, do not pay enough attention to their health. This problem has been brewing for years and has almost reached its highest point. To maintain the health of students during training in school physical education should focus on health focus to include an inclusive education component, which indicates the state level. And in fact, in many schools the discipline «Physical education» included in the curriculum, which in itself cancels the form of control from the teacher in the form of certifications and tests. In connection with such innovations there is a sharp decline in attendance, lack of motivation to physical education classes and drop meaningful relationship to their health. Reduced physical activity in students, the ability of teachers to implement effectively the educational process on the formation of a student's personality's physical culture, might have a negative impact on future success in careers and in life. Due to the decrease in the activity, students may develop a lack of exercise, fatigue, reduced immunity to respiratory diseases, lowered academic performance, and overall health.

The possibility to intensify the action of the students in the achievement of positive results of physical development really if you only need to attend classes in physical education and oversight standards with regard to individual physical fitness. Need to find a new, unusual way of modern education, which will identify the original cultural, humanitarian thinking, both the students and teachers of higher educational institutions. Everyone knows that student life is a unique stage of human evolution, associated with the heyday of his physical and mental capabilities. At this age there is intensive socialization of the personality, understanding the necessity and importance of their own intellectual development, which is a prerequisite for the successful preparation for future professional activities. To find yourself in a new environment, young people need to acquire intellectual knowledge, which is the result of independent and critical thinking of facts and information, as well as to develop applied skills, designed to help solve problems in the world and in society. These include the so-called «soft-skills», that is, flexibility, endurance, mobility, quick reaction, the ability to work in a team and be able to make decisions independently.
ARRANGEMENT OF DISTANT ENGLISH LEARNING IN PRIMARY SCHOOL: MECHANISMS OF IMPLEMENTATION

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The problem of optimization of the educational process, advanced development and implementation of distant learning attracts the attention of both domestic and foreign researchers (S. Honcharenko, I. Ziaziun, N. Nychkalo, I. Podlasnyi, etc.). In particular, didactic fundamentals of distant learning are represented in the works of V. Haluzynskyi, M. Makhmutov, and P. Iutsiavichene); psychological bases of the distance learning system have been considered by L. Vyhotskyi, P. Halperin, N. Talyzina, etc.). Traditionally, the subject matter of distant learning by educators from different countries is based on the following meanings: an educational process aimed at the use of modern information and communication technologies with distance in space and not involving face to face interaction [1]. In our research we will adhere to the relevant scientific views, the concept the education development in the context of the New Ukrainian School reforms, and we will consider the arrangement, methodology and implementation of the distant learning among primary school students [2].

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